



Spiritual Blueprinting

Holistic Lifestyle Consultations

Dr. Pamela Gerali offers holistic lifestyle consultations to help you discover and assimilate your divine blueprint. These sessions bring you into alignment with your spiritual essence so you can enjoy the life you were born to live. Her amazing intuitive abilities dramatically reveal underlying issues, blocks, illnesses, and perceived limitations that interfere with health, wellness, abundance, and wholeness.

With higher guidance, prayer and meditation, Pamela uses psycho-spiritual mirroring, imagery, and muscle memory to demonstrate shifts in perceptions and guide you to realize the truth of your being. Her one-on-one sessions are based on wisdom and practical guidance from the *Blueprint for the Human Spirit*[®], her paradigm for conscious, compassionate living. As you actively participate, you experience firsthand how shifts in perceptions can bring forth permanent healing. This powerful holistic experience is transforming.



Spiritual Blueprinting is an inside job and occurs at a deeper level than where your issues and challenges express. Behind every physical manifestation is a mental or emotional challenge. Behind every emotional concern is an intuitive or spiritual issue.

Pamela's sessions last approximately one hour and end with a powerful and personal divine blessing. Follow-up consultations are scheduled as needed. Spiritual Blueprinting is:

- **Holistic** – Whole being is addressed, including the mind, body, heart, and spirit.
- **Comprehensive** – Root cause of problems is addressed.
- **Intuitive** – Guidance comes from higher perception unhampered by ego.
- **Interactive** – Client participates in the process to enhance the experience.
- **Intentional** – Readiness, willingness, and openness impact the process.
- **Dramatic** – Movements, positions, postures, expressions, and vocalizations demonstrate issues, bring memories to the forefront, and create awareness.
- **Accurate** – Targeted solutions are offered, and tension is released as needed.
- **Non-Invasive** – Touch is not involved, so sessions are safe and free of side-effects.
- **Unique** – Sessions are individualized for each client, and each session is different.
- **Focused** – Most essential concerns are addressed at the time of the session.
- **Flexible** – Sessions may be performed in person by phone, FaceTime, or Skype.

