

## Empowering Presenter

Dr. Pamela Gerali is an engaging and empowering presenter. She passionately shares wisdom and practical guidance from the *Blueprint for the Human Spirit*® — her holistic model for conscious, compassionate living — through keynotes, experiential workshops, webinars and retreats.



Pamela is uniquely qualified to present teachings from the *Blueprint* since it evolved in harmony with her personal growth. Her transforming experiences, combined with her background in nursing, public health and natural healing, allow her to speak from the heart with authority. She weaves her story of self-discovery, personal growth and leadership enhancement with amazing clarity and humor.

Pamela particularly enjoys sharing insights with women in spiritual communities, social clubs, professional organizations and corporate settings. She customizes her talks and workshops, adding depth and active learning opportunities to meet the specific needs of each audience. Examples include:

- **The Circle of Life** – Insight on how we balance self-care with responsibilities for dependents and work in sustainable ways
- **If the World is an Oyster, Where are my Pearls?** – An amusing keynote about how what we search for may be found under our noses if we change our perspective
- **Embracing Change and Managing Chaos** – Review of typical reactions in times of change to increase effectiveness and reduce stress levels by consciously responding in difficult times
- **Beyond Empowerment** – By learning how to say “No,” we discover how to embrace our passion and purpose, expressing our true authentic nature
- **Awakening the Healer Within** – Within each person is the potential and capacity to heal the body, mind, heart and spirit



Pamela also shares her story of transformation in an engaging and amusing way — a one-woman show, “Confessions of a Spiritually Promiscuous Woman.” This dramatic and musical performance will uplift all audiences.

As an inspiring and empowering presenter, Pamela would love to share insights with your professional organization, social group or spiritual community. To invite Pamela to give an inspiring keynote or workshop, facilitate a retreat, or perform her one-woman show, contact Pamela at: [pamela@pamelagerali.com](mailto:pamela@pamelagerali.com).