



A visionary and pioneer in personal growth and transformation, Dr. Pamela Gerali shares life-changing experiences and insights with clarity and humor. She captivates readers, audiences and clients with wisdom and practical guidance from the **Blueprint for the Human Spirit®**, her holistic model for conscious, compassionate living and leadership.

Pamela, a Registered Nurse with a Master's Degree in Public Health and a Doctorate in Holistic Health Sciences, has extensive and progressive leadership experience with nonprofits. She is uniquely qualified to present teachings from the **Blueprint** since it evolved in harmony with her transformation. Her life-changing experiences, combined with a background in health and natural healing, allow her to speak from the heart with authority. She is multitalented and wears many hats—literally and figuratively—as an empowering speaker, inspiring author, holistic lifestyle consultant and change agent.

Tools for Transformation: With amazing insight, creative talents and leadership expertise, Pamela inspires others to live authentically and purposefully in alignment with their inner truth and unique gifts. Her services and resources include:

Publications: Remarkably Coherent and Inspired Writings

- *Confessions of a Passionate Seeker: Bridging the Gap from Ego to Essence*
- *Embracing Authenticity: An Adventure in Self-Discovery*
- *Higher Tea: The Essence of Joy & Thirst for Spirit*
- Blog/Vlog—*Pause in the Moment*

Presentations: High-energy and Compelling Experiences

- "Confessions of a Spiritually Promiscuous Woman"—Humorous and inspiring One-Woman Show about the personal journey
- Customized Keynotes and Retreats
- Seminars on Wisdom and Guidance from the Blueprint

Healing & Guidance: Revealing and Life-Changing Insights

- One-on-One Healing Sessions
- Guided Imagery and Meditations
- Holistic Wellness Consultations

BENEFITS
Integrate wisdom from the Blueprint and enjoy greater:

- Self-Awareness and Balance
- Health and Wellness
- Clarity of Purpose
- Leadership and Organizational Skills
- Cohesive, Complementary Relationships
- Wisdom, Peace, Love and Joy
- Conscious Oneness